

# Writing one article per day

Tom Rochette <tom.rochette@coreteks.org>

July 24, 2025 — [daae079c](#)

## 1 Question

What are the benefits of writing one article per day?

## 2 Answer

The main benefit I get from writing at least one article per day is that it forces me to spend time to think about a single question and to write down and express my thoughts clearly.

It allows me to practice my writing abilities, even though I use them daily to write down notes. It forces me to ask myself whether my grammar is correct and whether what I wrote makes sense, which is something I care a lot less about when I write down notes.

It lets me get into the habit of writing daily, so that writing and communicating doesn't feel like it requires a lot of energy.

I see writing one article per day as a habit to acquire in order to be able to write more effectively and communicate better. It is like exercising regularly. The purpose is to keep the muscle of writing alive and strengthening it slowly over time. By writing a lot we slowly acquire a voice that we can work to change and improve. Just like processes that are made explicit can be improved, so can communication be improved by spending time to write down what you want to share with others.