

Quotes

Tom Rochette <tom.rochette@coreteks.org>

December 21, 2025 — [77e1b28a](#)

1 Marcus Aurelius

- The happiness of your life depends upon the quality of your thoughts.

2 Seneca

- People are frugal in guarding their personal property; but as soon as it comes to squandering time they are most wasteful of the one thing in which it is right to be stingy.
- He who spares the wicked injures the good.

3 Zeno

- No loss should be more regrettable to us than losing our time, for it's irretrievable.